



廖寶珊紀念書院《學校通訊》

2011年6月號

地址：新界荃灣綠楊新邨廖寶珊紀念書院

電話：24996711 傳真：24909392

電郵：info@lpsmc.edu.hk

校長的話

中七同學畢業了！簡單而隆重的畢業典禮為同學們的中學生活劃上句號。我衷心希望同學們踏出校園後，仍能緊記老師的教誨，以勤懇正直的態度，迎接燦爛的人生。

我們畢業了！



廖寶珊紀念獎學金（模範生）7S馮凱義



廖烈科紀念獎學金：7A楊淑君、7S葉偉晴



We'll take a cup of kindness yet for auld lang syne



同學們以悠揚樂韻表達對學長的祝福，畢業生則以輕鬆的舞蹈展示對未來的熱切期望。



多姿多姿的展板和展品記錄了同學們努力的成果和他們的學校生活片段。



綠水展英姿

我校同學在荃灣及離島區學界校際游泳比賽中取得優異成績，謹此致賀。



男子甲組50米自由泳冠軍：5A梁諾軒（破大會紀錄）
 男子甲組50米蝶泳冠軍：5A梁諾軒（破大會紀錄）
 男子乙組50米自由泳亞軍：3D馬展淇
 男子乙組50米胸泳亞軍：3D馬展淇
 男子丙組100米背泳亞軍：2D郭倍誠
 男子丙組100米胸泳冠軍：1B馬子鈞
 男子丙組4x50米四式接力冠軍：1B馬子鈞、1C彭梓鴻、
 2D郭倍誠、2E梁頌謙
 男子丙組獲全場團體總成績季軍

女子甲組100米自由泳冠軍：5C杜文好（破大會紀錄）
 女子甲組100米背泳冠軍：5C杜文好
 女子甲組50米蝶泳亞軍：5E梁穎欣
 女子甲組200米個人四式亞軍：5E梁穎欣
 女子甲組4x50米自由泳接力冠軍：4E周卓欣、4A蔡盈姿、
 5C杜文好、5E梁穎欣
 女子甲組獲全場團體總成績季軍
 女子乙組200米自由泳季軍：3D鍾姮堯
 女子乙組200米胸泳亞軍：3D鍾姮堯

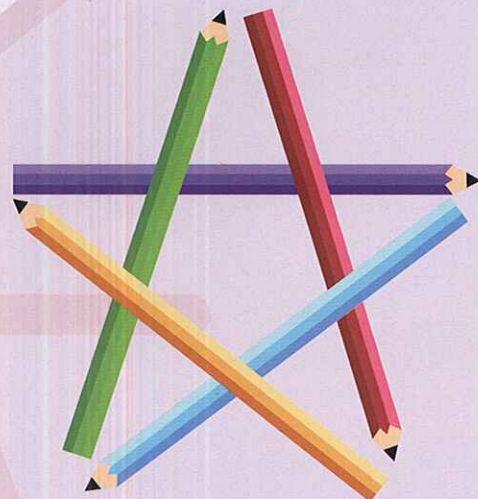
關·愛領袖，我做得到

由教育局公益少年團（荃灣區）及多個區內團體合辦的「Amazing Teens — 荃灣CYC聯校領袖培訓計劃2010」，以不同活動啟發青少年的領袖潛能，並喚起他們愛護自己、關心別人及加強對社區的關注。本校除獲頒「積極參與獎」外，更在閉幕禮中以精心設計的遊戲攤位當選「我最喜愛的攤位獎」。



每月之星 - 五月

1A 何盈盈	1B 梁頌芝	1C 鍾偉庭	1D 吳咏芯	1E 林嘉怡
2A 謝東洋	2B 朱進一	2C 鄭梓寧	2D 林穎俊	2E 陳嘉琪
3A 陳敏	3B 詹安妮	3C 周彤煒	3D 王曼姿	3E 黎廣亮
4A 吳思穎	4B 劉嘉俊	4C 黃逸曦	4D 鄺瑞霞	4E 曾凱銘
5A 張梓瓊	5B 林彬	5C 唐俊彥	5D 雷子賢	5E 黃家興
6A 羅映藍	6S 黃偉珊			



DT新人類

努力能讓我們衝破一切障礙，而創意則可帶領我們開拓無限的空間。

4C陳世傑及鍾穎德便憑著創意和不斷的努力嘗試，終於憑著作品「風力發電機」在「青年科技習作比賽」中獲二等獎。此外，2B朱進一及3E盧肇賢則分別在是項比賽中獲波子機設計優異獎及五巧板設計優異獎。

談及得獎作品，兩位中四級同學都顯得非常興奮。「作品的意念源自環保。我們考慮到風力是比較適用於香港環境的發電裝置，因此產生了這個作品的構思。」一組錯落有致地分佈的風車，透過風吹動葉片發生電力，這本來是很普通的風力發電裝置，但由於兩位同學別出心裁地加裝了一個由電阻構成的整流器，使一般只能單向轉動的葉片在受到反方向風吹時仍能轉動如常，負起發電的功能。正是這麼一個細小但實用的設計，令他們的作品突圍而出，贏得了是次獎項。

他們在製作的過程中也不是一帆風順的。「最大的困難是發現發電量不足，因此需要不斷改良葉片的設計，以獲得最大的效益。」風車組裡各個大小高矮各異的風車，就是他們不斷試驗的成果。

兩位同學都曾經是設計與科技學會的成員，現在仍然喜歡在課餘時間鑽研一些小工藝。陳世傑對物理及數學興趣極濃，他認為這些創作活動有助他更好地理解及運用兩學科的知識。鍾穎德則對設計情有獨鍾，尤其喜歡立體創作。我們衷心希望兩位同學再接再厲，發揮年輕人無盡的創意，繼續製作出令人眼前一亮的作品。



親子愛心曲奇

愛心曲奇製作活動不但讓家長和同學有機會共同炮製美食，還可以透過分工合作，增進親子間的感情和默契。負責教授和示範的還是我們中三級的小老師呢！



中三級的李美星、鍾宛玲、劉嘉慧和陳希彤擔當小老師，示範曲奇製作。



讓孩子也來感受做事的認真態度！

第一次一家人整餅，很開心！



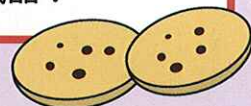
這次親子活動讓我們享受到一家人煮食的樂趣！



我們全家參與了這項活動，體驗到分工的重要性。



曲奇製作原來很簡單，又能獲得美味的成品！

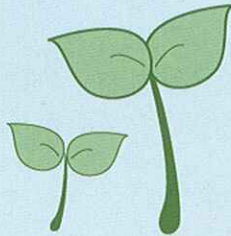


CLUBS & SOCIETIES

Gardening Club

By Yu Wai Ching, Fiona (3E)

The Gardening Club meets on Tuesday from 4:00 to 4:30 pm. There are about 12 members and their teacher is Ms. So. In the Gardening Club, the members learn how to plant flowers. I asked one of the members what she did in the Club. She told me that she planted flowers and made flower bookmarks and flower picture frames. She liked these activities very much. There are seven meetings of the Club during the school year, so it is not busy. She also told me that she liked the Club because she could learn more about flower planting, besides, she could grow flowers in the school garden, and WITH PERMISSIIION!!



Home Economics Club

By Chan Hei Tung, Fion (3C)

There is a club in which you can learn embroidery and cookery in your spare time. You can learn how to work with others through cooking activities in groups. You can also develop your imagination through the selection of embroidery patterns. After you join this Club, you will be able to cook at home by yourself. What is this? Right, the answer is – the Home Economics Club!! During the past lessons, we learnt a variety of dessert recipes and the skills for making cross stitch, butterfly buckles and stitch bracelets, to name just a few. You will be interested in our teacher too! She is Ms. Kuang. She is nice, kind, cheerful, positive and friendly. Let's join in and learn more about this Club!



English Drama Club

By Tang Wai Kin, Brian (3D)

A B C

I joined the English Drama Club because I wanted to improve my English. There are 20 members in the English Drama Club. Each year, all the members work hard to prepare for the Drama Festival, which is organized once a year. Our teachers teach us how to make our drama perfect.

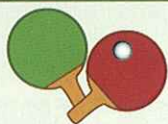
During rehearsals, we learnt how to act, as well as how to work with others in a team. Besides, our English speaking and writing skills improved since we needed to write our own script for the Festival. Although we had to work really hard, we had lots of fun.

I like the English Drama Club very much because I have made lots of new friends. In addition, we work like a big family. I think the most unforgettable part of the function was that we needed to go through an audition for the selection of the right actors for the characters. At that time, all of us were very nervous. We knew that we had to do our best and acted well in order to fight for our chance.

I am so glad to be one of the English Drama Club members!!

Table Tennis Team

By Tse Wai Chun, Vigin (3E)



There are about 15 members in the Table Tennis Team. The teacher who runs the team is Mr. Tsang and the coach is Mr. Pan. The members always practise on Wednesdays and Fridays. The team has won many competitions. "I won the first prize in Form One and the fourth in Form Two," said Natalie, a team member. She also shared with us her unforgettable experience, "I think the most unforgettable experience for me was winning the championship in Form One. The competition was very intense and I narrowly won it with a score of 3:2."

The team will enter more competitions in the future in order to win more prizes and provide its members with more opportunities to gain experience. We hope that the team can achieve its goal.

