

廖寶珊紀念書院

Liu Po Shan Memorial College







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追粵期



測驗成績龍虎陪

(中一至中三)

全級首五名						
	第一名	第二名	第三名	第四名	第五名	
中一級	羅曉樺	謝育佑	馬俊傑	黃海童	李凱棓	
中二級	佘嘉寶	張瑞儀	馬心怡	譚雅云	陳展楷	
中三級	孫由之	徐辛	李偉民	陳浩維 吳思穎		

各班首三名					
	第一名	第二名	第三名		
1A	羅曉樺	黃海童	盧晞珞		
1B	謝育佑	馬俊傑	李凱棓		
1C	林琰汝	陳靜蓉	洪穎賢		
1D	朱泳璇	戚懿雯	陳浩霖 黃詠思		

	第一名	第二名	第三名
2A	張瑞儀	馬心怡	譚雅云
2B	佘嘉寶	陳展楷	鄧穎琳
2C	李詠文	李康民	姚煦怡
2D	吳梓慧	蔡嘉明	曾偉霆

	第一名	第二名	第三名
3A	孫由之	李偉民	林曉瀅
3B	徐辛	陳浩維 吳思穎	-
3C	周曉筠	林嘉怡	朱 研
3D	馮衍傑	葉詠欣	陳沅淇



各科第一名

	中一級	
中文科	1C	林琰汝
英文科	1B	陸咏欣
數學科	1B	馬俊傑
綜合科學科	1A	盧晞珞
通識教育科	1A	林瑋培
是國好日代	1A	羅曉樺

	中二級	
中文科	2A	林秀惠
英文科	2B	佘嘉寶
數學科	2A	馬心怡
綜合科學科	2B	佘嘉寶
通識教育科	2A 2B 2B	譚天慧 陳展楷 麥詠哲

中三級				
中文科	ЗА	孫由之		
英文科	3B	吳思穎		
數學科	3B	徐辛		
通識教育科	ЗА	林曉瀅		
物理科	3B	何能傑		
化學科	ЗА	鄭朗賢		
103	3B	陳浩維		
生物科	3B	周家恩		





趣物學項

华校游泳隊於2013至2014年度學界方子,比賽中獲以下獎項:

男子甲組50米蛙泳冠軍	5A劉俊祺
男子甲組200米自由泳季軍	5E梁頌謙
男子甲組100米背泳殿軍	5F郭倍誠
男子甲組4x50米四式接力季軍	6E馬展淇 5A劉俊祺 5E梁頌謙 5F郭倍誠
男子乙組50米蛙泳季軍	4D馬子鈞
男子乙組100米蛙泳冠軍	3B梁馨駿
男子乙組200米蛙泳冠軍	3B梁馨駿
男子乙組4x50米自由泳接力亞軍	4D馬子鈞 3B鄧嘉超 4A陳崇立 4D藍皓旻
男子乙組4x50米四式接力殿軍	3B梁馨駿 3A麥家康 3A葉旭華 4F彭梓鴻
男子乙組全場團體季軍	3B梁馨駿 3A麥家康 3A葉旭華 4F彭梓鴻 4D馬子鈞 3B鄧嘉超 4A陳崇立 4D藍皓旻
男子丙組100米自由泳冠軍	2B譚泓彥
男子丙組50米自由泳季軍	2B譚泓彥
男子丙組200米個人四式冠軍	1A梁軒齊
男子丙組200米自由泳冠軍	1A梁軒齊
男子丙組4x50米四式接力季軍	2B譚泓彥 1A梁軒齊 1D黃焯琳 1D黃浩智





本校羽毛球隊於荃離區校際 77 毛球

6D林詠彤、6F佘詠彤、5F陳芷晴、5E林為淇、

5D許善淇、5E高安儀及4C李錦文





本校長跑隊於荃離區校際 起野 賽中獲以下獎項:

男子甲組個人冠軍	6C鍾穎德
男子甲組個人季軍	6C朱皓霆
男子乙組個人第六名	4A雷樂希



其他獎項

6D陳洁瑜獲永亨『義人行』 學界計劃(2012-2013)頒發 傑出義正學生獎。





6D黃嘉欣於知識產權署 舉辦的《尊重互聯網上 的知識產權》四格漫畫 創作比賽中獲亞軍。

長跑。競魚。 蝦人组

6C朱皓霆

5000米及十公里競走香港紀錄保持者 香港競走賽2013男子青年組5000米冠軍 港鐵競步賽2013男子青年組一公里競走亞軍 香港道路競走錦標賽2012男子青年組十公里冠軍 荃灣及離島區校際越野錦標賽2013/14男子甲組個人季軍



「在看不到盡頭的路上,只聽到自己單調乏味的腳步聲一下一下不斷地重複,向着一個看似遙不可及的目標進發。」

長跑和競步選手都得面對這種考驗。朱皓霆和鍾穎德也不例 外,年終無休的常規練習鍛煉了他們的耐性和堅忍,也培養了他們 不肯輕言放棄的品格。

朱皓霆短短兩年的競走生涯可說是充滿傳奇:刷新紀錄卻不獲 承認、在終點前一刻因大意犯規而失去了唾手可得的金牌、過於謹 慎而與冠軍獎杯擦身而過……,經歷多次由天堂跌至深谷的起伏, 朱皓霆仍然堅定地說:「我會繼續比賽下去。」

6C鍾穎德

荃灣及離島區校際越野錦標賽 2012/13及2013/14兩屆男子甲組 個人冠軍

在剛過去的荃離區校際越野錦標賽,兩位同學再展威風,鍾穎德蟬聯冠軍,朱皓霆奪得季軍,不過,文憑試 逼在眉睫,兩位健兒都不約而同表示,要暫時放下跑步練習,把對運動的專注和投入移放在功課上,先闖過眼前 這一場重要的人生競賽。

為中二級同學舉辦的「品格達人工作坊」旨在鼓勵學生反思自己的潛能,引導他們學習及實踐各種良好品格。

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2B陳展楷

我學會欣賞和讚美別人,在日後會以愛, 以包容,以忍耐的態度來接受別人。

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6-0-6-0-6-0-6-0-6-0-6-0-6-0

2C沈君禧

我們不只是學習甚麼是品德,而且有個案例子,讓我們代入角色,從而更了解自己。

8-9-8-9-8-9-8-9-8-9-8-9-8-9-8-

e-a-e-a-e-a-e-a-e-a-e-a-e-a-e-a-

2D劉曉瑤

我學會了團隊合作和與人相處的技巧,也看到自己的優點和缺點。日後我會更加發揮自己的長處,改善自己的不足。

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1A 黃海童	1B 劉欣榕	1C 林琰汝	1D 黃卓賢		
2A 陳保儒	2B 陳曉欣	2C 沈君禧	2D 黃學容	A	
3A 何思詩	3B 陳嘉庚	3C 林茵茵	3D 龔詠恩		
4A 關樂匡	4B 張進熙	4C 莫婉霞	4D 何嘉輝	4E 張澤鋒	4F 梁珮淇
5A 余孔垚	5B 張芍盈	5C 吳鍵生	5D 鍾彤欣	5E 梁智詠	5F 林曦文
6A 陳芷欣	6B 羅敏兒	6C 梁詠怡	6D 陳洁瑜	6E 鄭敏雯	6F 毛凱欣



Halloween Party 2013

by Richard Boyd

The school hall was transformed into a terrifying funfair of enjoyment on Tuesday 22nd October for Liu Po Shan's horrifyingly fun Halloween Party.

When the school hall doors were thrown open at the start of the party, guests were greeted with a scary tunnel made of nets and filled with spiders, bats and skeletons. Partygoers had to crawl through this tunnel of dread to reach the party on the other side! Once inside, guests were treated to a number of spooky games, as well as other activities which included monstrous mask making, freaky face painting and an execution photo-booth of fun. Partygoers were encouraged to join in as much as possible, as they received a stamp each time they took part in an activity. After collecting 5 stamps, guests were allowed to raid the haunted café which was stocked with candy, chips, cookies and food galore. After collecting 10 stamps, students were allowed to enter into a special prize draw. As a result, the Halloween Hall was bustling with eager partygoers all trying to fill their reward cards!

Spooky English games at the party included Feed the Monster, Catch the Cockroach, Kill the Vampire, Pin the Wort on the Witch's Nose, Swamp of Doom, Catch the Flying Bat and of course, the disgustingly popular Nelson's Eye – a game which involved partygoers digging through Lord Nelson's grave in search of his missing eye! Three new games; Monster Dash, Dr. Who Bowling and Cave of Doom were included at the party too. The Cave of Doom was particularly popular, but only with the braver students who dared to enter a creepy cave blindfolded! Students who played the game had to fight through the spider, balloon, and monster filled darkness to try and find a missing teddy. Each time a student completed a game and spoke lots of English they were awarded a stamp and lots of candy!

The party saw guests getting creative at the face painting and mask making stalls. Some students left the party with horrifying pictures painted on their faces, arms and hands, while others took home some impressively well-decorated Halloween masks.

Many other partygoers risked losing their heads to get a photo with the school executioner who came to the party with his blood soaked axe!

There was still more to come, though, as guests were treated to a stunning performance from Rosa, the school's Italian exchange student. Rosa had the audience spellbound as she danced on stage dressed as a ghost.



At the end of the party the winners of the prize draw (for those who had collected 10 stamps) were announced, and three prizes were given to the lucky winners on stage.

EAT members and upper form students did a fantastic job of running the games and keeping the guests entertained during the party. After the party ended, thousands of sweets and treats had been handed out, prizes had been won, and guests went home exhausted from playing so many games. It was agreed that the party was a great success and the ghosts of LPS can't wait to return for more Halloween fun next year!

