



廖寶珊紀念書院

Liu Po Shan Memorial College

學校通訊
2017年6月號

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前程萬里 ◦ 珍重再見

2016-17年度畢業典禮



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畢業禮照片已上載學校網頁，
歡迎瀏覽下載。

教師榮譽

本校教師悉心設計各種學與教的素材和活動，幫助學生全面發展。多項活動獲得業界認同和讚賞，這些榮譽都在鼓舞我們繼續努力，提供最適當的環境和訓練，培育學生成長。

品德教育

公民教育組麥穎兒主任獲教育局頒發「首屆品德教育傑出教學獎」中學組優秀獎，除於頒獎禮上與同業分享本校品德教育的經驗外，更隨教育局「專業考察海外交流團」赴韓國首爾，觀摩當地教育團體的德育發展及實務工作。



藝術創意

視藝科彭惠芳主任獲頒發香港視覺藝術教育節2016「生活創意」教學設計比賽「卓越教學設計獎」。於「生活創意」教材發佈會上，與同業分享「鞋履故事」的教學設計和經驗。



生涯規劃

歐綺霞主任獲教育局邀請接受訪問，分享升學及就業輔導組在幫助學生選科擇業、規劃人生方面的心得。訪問已印成書刊並派發至全港其他學校，歐主任及多位老師更應邀於6月底公開與同業分享推廣生涯規劃工作的經驗。



學生獎項

4E陳海彤、3B劉臻妮及3B陳曉鎔於第13屆扶康會「香港最佳老友」運動電能烹飪比賽中奪得「香港真滋味美食金獎」；3C曾洛婷、3C陸詠霖及3D蘇椿婷則奪得「最佳創意美食大獎」。



香港最佳老友烹飪比賽



短片製作比賽

微電影學會獲「商校合作：尋找企業家的故事2017」訪談短片製作比賽優異獎，隊員包括：5D陳康濂、5D張詠儀、5D黎偉力、5D譚雅云、5D黃軒靖及5D溫梓祺。

6D陳嘉怡及5B吳子芊分別獲「第11屆香港盃外交知識競賽—貼紙設計比賽（手繪設計）」中學組冠軍及季軍。

1D莊家熙榮獲香港電台「通識徵文比賽」金獎，另12位同學則於是項比賽中獲銀獎。

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|--------|--------|--------|--------|--------|
| 1A 陳希真 | 1B 余真希 | 1C 譚綺嵐 | 1D 賴湑桐 | |
| 2A 林愷恩 | 2B 陳嘉雨 | 2C 鄭君蘭 | 2D 林志祥 | |
| 3A 黃樂瑤 | 3B 邱鵬 | 3C 戴雪妍 | 3D 黃欣怡 | |
| 4A 曾炳權 | 4B 伍嘉禧 | 4C 盧宣文 | 4D 謝育佑 | 4E 林琰汝 |
| 5A 何樂瑤 | 5B 林皓然 | 5C 陳曉欣 | 5D 蔡曉隆 | 5E 林蔚萱 |



談起辯論，一般人或許會誤解，認為那是一場「血腥」的口舌之爭，但要爭得有理據，爭得君子，確實需要些竅門，確實是一門學問。辯論是一場演說，卻有別於演講比賽。演講者只需熟讀文稿，再配合聲調、表情及手勢，即可上台發揮；辯論員除了必須確立和了解自己的主線（包括立場和論點），還要將所有作為論據的資料融會貫通。同時，由於賽前不知道對手的部署，所以只能針對場上的狀況和需要，臨陣應變。正因為辯論具有這種不可預測的特質，因此說辯論是高階思維訓練活動，毫不為過。

5B 曾思齊

闖進「舌戰群豪」的世界 — 中文辯論隊



一場辯論比賽可分為三個階段：賽前準備、台上比賽和賽後檢討。賽前準備方面，我們需要在收到辯題後的一星期內，蒐集資料，確立論點，然後將資料分析和歸納，這時候，邏輯推理全都用上，務求論證嚴謹周密。現今資訊科技發達，收集資料看似並不困難，但要迅速地找到適合的資料，則需要好好利用「關鍵字」了。例如在搜尋「小三應否復考TSA」的資料時，將範圍收窄，除了「TSA」外，再加上「復考」、「操練」等字眼，就更容易能找到既深入而合用的參考資料。

踏上擂台，便要面對「臨場反應」和「心理素質」這兩項決定勝負的考驗。所謂「臨場反應」，主要是考驗急才，如果雙方都照本宣讀，整場辯論比賽便會趣味全失。辯論引人入勝的地方，正在於明白對方的論點，在瞬間找出對方在推論過程中所犯的邏輯謬誤然後進行反擊。至於「心理素質」，則取決於面對不同對手時的態度。我們辯論隊年資短淺，也沒有公開比賽的經驗，當面對一些在學界辯論舞台上赫赫有名的傳統名校時，說不緊張是騙人的，但是即使心裡緊張萬分，我們也盡最大的努力淡化得失心，以每一次對壘作為學習的機會，發揮平時訓練的最佳表現，享受與友方辯員互相質詢、互相說服的辯論過程。

要談辯論，當然不能不談隊友。辯論絕對不是一個人的活動，大家一起扶持，一起成長，一起面對成功和挫敗，一起檢討改進以求提升。勝利很容易讓人滿足繼而忘了本位，失敗也很容易讓人憤慨繼而灰心失意，幸好教練和老師都很耐心地跟我們「重溫」每個細節，提點我們下次該如何改進。我認為「賽後檢討」是整項辯論活動中最令我有所得著的環節，人生總有輸贏，如何面對得失的態度往往決定了我們人生的高度。

辯論的「辯」，指的是「思辯」，思而後辯，辯而後思，希望其他同學都能和我一樣體會到辯論的樂趣，明「辯」是非，鍛煉思維，培養風度，將「以理服人」的科學態度實踐於日常生活之中。



初嘗「企業家」滋味

五位修讀經濟科的中四級同學以悉心設計的環保項目「綠蔓大地」，獲「第17屆和富千禧企業家精神計劃」季軍。隊員包括：4D陳曾艷、4E梁詠欣、4E洪穎賢、4E林琰汝及4E謝雯心。

4D陳曾艷

「和富千禧企業家精神計劃」今年的主題是「綠化商機在社區」。其目的是希望參賽組別推出一個具創意又可綠化環境的產品計劃書，分析產品的利弊和可行性等特點。

我們的產品「綠蔓大地」主要由植物牆和發電地板兩個部分組成。人們可以透過踩上商場的發電地板製造電力，以灌溉牆上的植物，達至綠化環境的宗旨。

我們剛接觸這個計劃時，都毫無頭緒，不知從何入手，幸有導師的建議、夥伴的支支持、配合，才使大家可以支撐到最後。這個計劃設有公眾問答及介紹自己的產品理念的環節，是很寶貴的機會去體驗、鍛煉自己的勇氣和膽量。

透過這個活動，我們除了瞭解如何去準備一份企業計劃書，還知道只有依賴同伴之間分工合作，才能事半功倍。我很感謝我的組員、導師以及曾經幫助過我們的人，這項榮譽是屬於大家的。



No.23 綠蔓大地 攤位編號 06 組別 23 綠蔓大地

English Public Speaking Contest 2017

By Lilian Liu

Prior to the contest in April, our students had attended two public speaking training workshops conducted by Hong Kong Baptist University (HKBU). The speaker in the first workshop illustrated different techniques on script-writing and how to deliver a speech professionally. The highlight of the afternoon was that we could enjoy the performance of the winner of the previous year. We were fascinated by his charisma and enthusiasm. The second workshop was on impromptu training. Our students found it helpful as they had a chance to interact with contestants from different schools. The exchange had brought them insights on how to construct ideas and to express themselves effectively.

Though there were training sessions, starting from scratch is never easy. The 5 contestants had to write up their scripts under the topic "If...", which provides much room for creativity because their speeches can freely touch upon different domains. Our girls demonstrated their individuality as 5 of them were working on topics which were poles apart. However challenging it might seem, they performed at their best! Good job girls!

Students' Reflections

5C Chan Tsz Yu

I've gained a lot from the competition. It's a precious experience to join a competition with competitors of similar age. The most valuable part is the workshops, which were held before the competition. The first workshop was about how to write an attractive speech. The speaker taught us the skill of PREP, which is useful not only for speech-writing but also our skills in writing a good argumentative essay. The second workshop was about how to give our impromptu. That was a more interactive workshop since we all took turns to talk. Through this workshop, I met students from other schools who have better English skills than I do. This makes me realize my inadequacy in English speaking. I will practise more and try to reach further. It was an exciting experience for me to join a speaking competition. I'm quite inactive in joining competitions because I didn't have enough confidence to show the skills I lack of in front of professional judges and I'm too lazy to prepare for a competition. However, this competition is really an interesting competition to join as there were workshops to assist with our preparation. I will try to join more competitions and enjoy the process.



5D Tam Nga Wan Yahoo

At first, we went to two workshops before the competition. One of them was to train our impromptu skills. It was very exciting because we had to answer questions immediately in front of strangers for two minutes. We didn't know the questions before so some topics may be unfamiliar to us. I still found it interesting because it helps me to plug up my courage even there are lots of people I don't know. When writing the script, it was difficult for me to come up with some ideas. Even there was something that I wanted to express, I had to try my best to state them clearly so that the audiences could catch my idea easily. It was difficult for me to practise the speech at first because I couldn't project my voice well. What's even worse was that my speech seemed emotionless. I spoke in monotone and wasn't able to show my feeling. Luckily, my teacher gave me advice and tried to encourage me to deliver in a proper way. We practised during recesses and after school. Through practising, I overcame the difficulties and tried my best to deliver the speech. I was quite nervous on the day of competition but it was fortunate as we five students supported one another. I truly think this experience is memorable and I hope there will be similar competitions for us to join again.